

Eye on the Puck

Manitowoc County Youth Hockey Association and Manitowoc United WIAA

2011 – 2012 SEASON

JANUARY, 2012

Dear Hockey families,

Happy New Year! I'm excited to ring in the new year and the next phase of hockey with all of you! With that in mind, please consider the following quote:

“Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke the life from your dream. Water them with optimism and solutions and you will cultivate success. Always be on the lookout for ways to turn a problem into an opportunity for success. Always be on the lookout for ways to nurture your dream.” ~ Lao Tzu

Here is to a brand new year full of optimism, solutions and cultivated success within our hockey association!

Carmen Persaud

MCYHA President

BLUE LINE CLUB

The Blue Line Club is a group of individuals, many are parents and former skaters of MCYHA, that strive to support MCYHA in many ways. Recently, they have given Manitowoc United Hockey program \$4500 to cover ice costs for this season. We are so grateful for their support and thank them for their generosity!

Blue Line Club is open to any parent of a Bantam or High School aged skater. Please consider joining as they support and represent our past and our future!

If you are interested in joining the Blue Line Club, please contact Carmen Persaud at 920-645-1411 for information.

VOLUNTEER REQUIREMENTS

Each MCYHA family is required to attain 15 volunteer hours per season. Please fill out a Volunteer Hours form when you do volunteer and place it in the red box next to the mailboxes in the lobby. **You will not get volunteer credit unless you have the form filled out and submitted.**

A master volunteer schedule is posted in the lobby at MCIC. All volunteer opportunities will be listed. It is up to all members of MCYHA to work together to cover all needed areas for games, this includes WIAA skaters and families. Your help is much appreciated!!

A list of families and their current hours achieved is posted in the MCIC lobby and on our website. Please check this often to assure that you have all of your hours in by the end of the season. Hours are updated every two weeks.

COACHES CORNER

I was told an e-mail was sent out to inform parents and raise concerns about the recent injuries to two kids in Minnesota. I felt this should be seen and read by all parents. Even with checking and body contact, our children are still playing the safest contact sport. Ice skating and sledding were the only ones with less injuries than hockey. Here is the article about sports injuries. It has been **researched and published by Children's Hospitals of Pittsburg, PA.**

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Sports Injury Statistics

How frequently do sports injuries occur?

In the United States, about 30 million children and teens participate in some form of organized sports, and more than 3.5 million injuries each year, which cause some loss of time of participation, are experienced by the participants. Almost one-third of all injuries incurred in childhood are sports-related injuries. By far, the most common injuries are sprains and strains.

Obviously, some sports are more dangerous than others. For example, contact sports such as football can be expected to result in a higher number of injuries than a non-contact sport such as swimming. However, all types of sports have a potential for injury, whether from the trauma of contact with other players or from overuse or misuse of a body part.

The following statistics are the latest available from the National SAFE KIDS Campaign and the American Academy of Pediatrics (AAP):

Injury rates:

- More than 3.5 million children ages 14 and under get hurt annually playing sports or participating in recreational activities.
- Although death from a sports injury is rare, the leading cause of death from a sports-related injury is a brain injury.
- Sports and recreational activities contribute to approximately 21 percent of all traumatic brain injuries among American children.
- Almost 50 percent of head injuries sustained in sports or recreational activities occur during bicycling, skateboarding, or skating incidents.
- More than 775,000 children, ages 14 and under, are treated in hospital emergency rooms for sports-related injuries each year. Most of the injuries occurred as a result of

falls, being struck by an object, collisions, and overexertion during unorganized or informal sports activities.

Where and when:

- Playground, sports, and bicycle-related injuries occur most often among young children, between the ages of five and nine years old.
- The highest rates of injury occur in sports that involve contact and collisions.
- More severe injuries occur during individual sports and recreational activities.
- Most organized sports-related injuries (62 percent) occur during practice.

Types of sports and recreational activities:

Consider the most recent statistics from the SAFE KIDS Campaign:

- basketball
More than 205,400 children ages five to 14 were treated in hospital emergency rooms for basketball-related injuries.
- baseball and softball
Nearly 108,300 children ages five to 14 were treated in hospital emergency rooms for baseball-related injuries. Baseball also has the highest fatality rate among sports for children ages 5 to 14, with three to four children dying from baseball injuries each year.
- bicycling
Nearly 285,000 children ages five to 14 were treated in hospital emergency rooms for bicycle-related injuries.
- football
Almost 185,700 children ages five to 14 were treated in hospital emergency rooms for football-related injuries.
- ice skating
Nearly 10,600 children ages five to 14 were treated in hospital emergency rooms for ice skating-related injuries.
- in-line skating
Nearly 27,200 children ages five to 14 were treated in hospital emergency rooms for in-line skating-related injuries.
- skateboarding
More than 50,000 children ages five to 14 were treated in hospital emergency rooms for skateboarding-related injuries.

- sledding
More than 15,000 children ages five to 14 were treated in hospital emergency rooms for sledding-related injuries.
- snow skiing/snowboarding
More than 35,000 children ages five to 14 were treated in hospital emergency rooms for snow boarding and snow skiing-related injuries.
- soccer
About 75,000 children ages five to 14 were treated in hospital emergency rooms for soccer-related injuries.
- trampolines
Nearly 80,000 children ages 14 and under were treated in hospital emergency rooms for trampoline-related injuries.
- ice hockey
According to a study published in the journal Pediatrics, over 18,000 young people under the age of 18 were treated in Emergency Departments for ice hockey-related injuries in 2001-2002.

COST SAVING MEASURES

MCYHA has established volunteers for many tasks around MCIC, including zamboni, skate sharpening and concessions. These measures help us to save money and reduce costs at MCIC. MCYHA Board is requesting all MCYHA members to be conscientious of other ways we can save some money. If you are at the rink, turn off the bathroom or locker room lights when no one is using those areas or consider **not** turning on the heat in the bleachers during practices. Every little effort will help. We truly appreciate everyone taking the time to think of ways we can save money.

The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime.

BASIC SKATE/LEARN TO PLAY HOCKEY

Basic Skate meets from 4:30 – 5:15p on Thursdays

Learn to Play Hockey meets from 5:15p – 6:00p on Thursdays.

Session 3: Jan. 2nd, 9th, 16th, 23rd

Session 4: Jan. 30th, Feb. 6th, 13th, 20th

For registration, please see www.manitowohockey.org under the FORMS tab. Click on Basic Skate to find the only forms needed. Registration for each can be via mail or in person. Basic Skate, Learn to Play Hockey and County League are invited to participate in fundraising and volunteer hours, but they are not mandatory.

WE ARE IN NEED OF EQUIPMENT. IF YOU HAVE ANY EQUIPMENT THAT YOU ARE WILLING TO DONATE OR SELL PLEASE BRING TO THE RINK BETWEEN 5P – 8P ON MONDAYS OR THURSDAYS.

Pizza Sales will return soon!

Pick 3 Raffle tickets continue to sell....only a few weeks left!

On January 6th MCYHA and the American Legion held a Fish Fry with proceeds going directly back to MCYHA. A huge thank you goes out to everyone who volunteered to work the event, make desserts or came to dine with us! We sold 149 plates! What a great way to enjoy some social time with our hockey families and raise money for our kids!!

MCYHA BOARD MEMBERS

President/MCYHA Apparel: Carmen Persaud

Vice-President/Team Manager Coordinator: Becky Markusen

Secretary/Fundraising Chair: Jill Shulander

Treasurer/Registrar: Erick Kahlenberg

Coaching Committee Chair/Basic Skate & Hockey Coordinator: Nate Abbey

MCIC/EXPO Liaison/ACE Director: Mark Persaud

USA Hockey/Try Hockey for Free: Bill Ploederl

Marketing Coordinator: Colleen Helling

Ice Purchase Coordinator/Volunteer Scheduling: Wayne Hurkmans

Equipment Room: Rob Hensel

Member: Jody Neilson

Member: Spring Moore

Contact information for board members is listed at www.manitowohockey.org. All Board meetings occur on the 1st Monday of the month at 7pm, upstairs at the rink. Anyone interested in attending a board meeting must contact Carmen Persaud at least 5 days prior to the meeting. Board members are present at the rink during most practices. Please feel free to talk to and ask anything of a board member. We will do what we can to get you the answers to your questions or to listen to your ideas. This is your association and we are here to represent all of our youth hockey players and their parents.

HOME GAMES FOR JANUARY & FEBRUARY

January:

14th JV vs. Greendale 8p

15th Pee Wee vs. Green Bay 10:15a; Bantam vs. DePere 11:45a

16th Pee Wee vs. Sheboygan 6:30p

20th Bantam vs. Sheboygan 7:30p

21st Mite Cross Ice games 10:30a; Bantam vs. GB 5:30p

27th High School vs. Notre Dame 5:30p

28th Squirt vs. De Pere 10a

29th Bantam vs. De Pere 9:30a; Squirt vs. West Bend 11a; Pee Wee vs. De Pere 12p

February:

10th JV vs. De Pere 5p

11th Pee Wee vs. Green Bay 10a; Squirt vs. De Pere 11:45a; Bantam vs. Appleton 4:30p

12th Squirt vs. Sheboygan 9a; Pee Wee vs. Green Bay 10:15a

18th Pee Wee vs. De Pere 10a; Squirt vs. Appleton 5p

19th Pee Wee vs. Green Bay 9a

25th Squirt vs. Green Bay 10a; Pee Wee vs. Oshkosh 11:45a

UPCOMING EVENTS:

CROSS – ICE MITE HOME GAMES

SATURDAY, JANUARY 21ST

10:00A – 3:00P

VOLUNTEER OPPORTUNITIES ARE AVAILABLE. PLEASE SEE VOLUNTEER SCHEDULE AT MCIC LOBBY.

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WAHA STATE PLAYDOWNS

The Squirt, Pee Wee and Bantam teams will head to Shawano on February 4 – 5 to play games that qualify them for inclusion into the State Tournaments.

Good Luck teams!!

Do you want to see the concession stand open during practices? Consider volunteering to get a concession license through the Tavern League of Wisconsin. The next course is in February at Machut's Supper Club in Two Rivers. MCYHA is looking for 1 - 3 people willing to get this certificate and be present at MCIC during practice times. Volunteer hours will be given for this responsibility. For additional information or questions, please contact Carmen Persaud at cmpersaud@gmail.com or 645-1411. (One representative per team would be ideal)

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MCYHA and the Green Bay Gamblers have teamed up to bring the Gamblers to Manitowoc! The GB Gamblers will be practicing at our rink towards the end of February. We have had to re-arrange some practice schedules in order to accommodate them. We appreciate your understanding and willingness to work with us as we utilize our rink and are able to sell ice to help out the Gamblers. Please stay tuned for changes in the practice schedule in February!