

Manitowoc County Youth Hockey Association Registration

Basic Skate – Basic Hockey Programs 5:00 – 5:40 PM

Dates:

- Session 1 Thursdays, October 22 – November 12, 2009
Session 2 Thursdays, November 19 - December 17, 2009 (no practice Nov 26)
Session 3 Thursdays, January 7 – January 28, 2010
Session 4 Thursdays, February 4 – February 25, 2010

Cost:

\$30 for each session
(4 weeks in each
session)

Basic Skate Program: For ages 4 through adult beginning skaters to learn how to skate and learn basic hockey skills. Participants will learn how to glide forward, stride, stop, and will progress to crossovers and backward skating, as they are ready. Participants may move to Basic Hockey (same dates, times and fees) when comfortably skating forward with good balance and have learned to turn and stop reasonably well. Participants who already know how to skate can go immediately into Basic Hockey.

Basic Hockey Program: For ages 5 through 12 years old (groups will be split into age groups: 5-8 and 9-12 year olds). Skaters will learn how to handle a stick and puck and other basic hockey skills through drills and scrimmages. Participants must be able to skate forward comfortably with good balance and have learned to turn and stop reasonably well. Basic Hockey will share the ice with Basic Skate. This replaces the former County League program.

Registration Dates: (At Manitowoc County Ice Center)

- Session 1 - Wednesday, August 12, 2009 6:30-7:30 PM
Session 1 - Thursday, October 1, 2009 6-7 PM
Session 2 - Thursday, November 12, 2009 5-6 PM
Session 3 – Thursday, December 17, 2009 5-6 PM
Session 4 - Thursday, January 28, 2010 5-6 PM

To Register by Mail: Fill out the registration form below and mail with check payable to MCYHA to:

Manitowoc County Youth Hockey Association
C/O Basic Skate Registration
P. O. Box 1943
Manitowoc, WI 54221-1943

Must be received one week
prior to session beginning.

MCYHA Basic Skate- Basic Hockey Registration

Player Name: _____ Birthdate: _____
Address: _____ Phone #: _____
City, State, Zip: _____ Email: _____
Parent Names (please print): _____ School attending _____

It is the policy of the Manitowoc County Youth Hockey Association that as a borrower you are personally responsible for any equipment lent to you by the association. Reimbursement will be sought for any lost or damaged items. I hereby understand and agree with the equipment policy and release the Manitowoc County Youth Hockey Association, Manitowoc County Ice Center, their respective board members, volunteers and teaching staff from all liability for injury or loss of property for the above listed skater on or off the ice.

Parent/Guardian Signature _____ Date: _____

Basic Skate Session(s): 1 2 3 4 (circle) **-OR-** Basic Hockey Session(s): 1 2 3 4 (circle)

Fee Enclosed: \$ _____

Fee Enclosed: \$ _____

Cash or Check # _____

Cash or Check # _____

Manitowoc County Youth Hockey Association

Frequently Asked Questions Basic Skate - Basic Hockey

What equipment should my child have for Basic Skate?

Skates, thick gloves and a helmet. Make sure the skates fit properly; not too small or too big. If the skate doesn't fit well, the skater will have difficulty learning how to skate. Also, it's wise to wear a **thick** pair of gloves just in case the hand comes in contact with a skate blade. It is also mandatory that your child wear a helmet. A bicycle helmet is fine or MCYHA has helmets for your use on a week-to-week first come first serve basis.

What equipment should my child have for Basic Hockey?

Skates, thick gloves, helmet and a stick. It is also recommended that your child have a chest protector, breezers (pants), elbow and shin pads. Make sure the skates fit properly; not too small or too big. If the skate doesn't fit well, the skater will have difficulty learning how to skate. Also, it's wise to wear a **thick** pair of gloves just in case the hand comes in contact with a skate blade. MCYHA has helmets and other limited equipment available for your use on a week-to-week first come first serve basis. The first stick should have a straight blade and be cut off at the top so that standing on skates, the stick end comes to between the chin and nose. Tape should be wrapped on the top end, or a stick cap used. This is to prevent the end from going through the helmet cage which could cause injury. ****There will be an equipment swap held in early October for those that need equipment. Watch the website for more info!**

Where can I buy or rent skates?

Check the information boards at the Ice Center. People are always looking to sell their used equipment. Other places to check out are Fleet Farm and Play It Again Sports (Green Bay, Appleton). If you feel renting is in your best interest, the Pro Shop at the Manitowoc County Ice Center has skates available to rent on a first come first serve basis. They will need to be rented each time they skate. Note: New skates do not come sharpened – they need to be sharpened before you skate!!!

I noticed that Basic Hockey runs at the same time as Basic Skate.

Yes, they are held the same night and time. The ice rink is divided according to skill. Skaters will progress from never skated before, to can stand up and move a little, to skating forward and learning more skills, to hockey skills. If they want to, skaters who can skate forward comfortably with good balance and have learned to turn and stop reasonably well, can sign up for the Basic Hockey Program. Feel free to talk to your child's instructor about his or her progress. Solid basic skills are the key to being a good hockey player!

What can I do to improve my child's skill level?

Strong skating skills are a huge component of hockey. Skating once a week will not make a good skater. Reinforce what they learn by taking your child to open skate on weekends. It's great exercise, helps improve skills, and is a good way to spend quality time together.

What if I, as a parent, know how to skate, but want to learn how to skate better, or skate backwards?

Skaters can progress in the Basic Skate program as they are ready. Learning to stop, skate backwards, crossovers forward and backwards, and turns are some of the skills that people want to learn. Remember we teach adults how to skate also, so parents can even sign up with their children!